

Health

General senior subject

The Health syllabus provides students with a contextualised strengths-based inquiry of the various determinants that create and promote lifelong health, learning and active citizenship.

Health uses an inquiry approach informed by the critical analysis of health information to investigate sustainable health change at personal, peer, family and community levels. Students define and understand broad health topics, which they reframe into specific contextualised health issues for further investigation. Students plan, implement, evaluate and reflect on action strategies that mediate, enable and advocate change through health promotion.

Studying Health will highlight the value and dynamic nature of the discipline, alongside the purposeful processes and empathetic approach needed to enact change. The investigative skills required to understand complex issues and problems will enable interdisciplinary learning, and prepare students for further study and a diverse range of career pathways. The development of problem-solving and decision-making skills will serve to enable learning now and in the future.

The health industry is currently experiencing strong growth and is recognised as the largest industry for new employment in Australia, with continued expansion predicted due to ageing population trends. A demand for individualised health care services increases the need for health educated people who can solve problems and contribute to improved health outcomes across the lifespan at individual, family, local, national and global levels. The preventive health agenda is future-focused to develop 21st century skills, empowering students to be critical and creative thinkers, with strong communication and collaboration skills equipped with a range of personal, social and ICT skills.

Pathways

A course of study in Health can lead to further study or training in areas such as nursing, occupational therapy, paramedicine, psychology, public health, nutrition, exercise science, health promotion, social work, education, and community services. The subject also supports pathways into allied health, aged care, disability support, and health administration, preparing students to contribute positively to the health and wellbeing of individuals and communities.

Objectives

By the conclusion of the course of study, students will:

- recognise and describe information about health-related topics and issues.
- comprehend and use the Health inquiry model.
- analyse and interpret information to draw conclusions about health-related topics and issues.
- critique information to distinguish determinants that influence health status.
- investigate and synthesise information to develop action strategies.
- evaluate and reflect on implemented action strategies to justify recommendations that mediate, advocate and enable health promotion.
- organise information for particular purposes.

Structure

Unit 1	Unit 2	Unit 3	Unit 4
Resilience as a personal health resource Define and understand resilience as a personal health resource Plan for action in a personal health context Evaluate and reflect on action in a personal health context	Peers and family as resources for healthy living Plan, implement and evaluate an action strategy to advocate, mediate and enable change in relation to alcohol and other drug use or body image in a peer and family health context.	Community as a resource for healthy living Plan, implement, evaluate and reflect on an action strategy to advocate, mediate and/or enable change in relation to homelessness, transport safety or anxiety in a community health context.	Respectful relationships in the post schooling transition Define and understand respectful relationships Plan for action to influence respectful relationships in the post schooling transition Evaluate and reflect on action to influence the diffusion of innovations related to respectful relationships in the post-schooling transition

Assessment

Schools devise assessments in Units 1 and 2 to suit their local context.

In Units 3 and 4 students complete *four* summative assessments. The results from each of the assessments are added together to provide a subject score out of 100. Students will also receive an overall subject result (A–E).

Summative assessments

Unit 3		Unit 4	
Summative internal assessment 1 (IA1): □ Action Research	25%	Summative internal assessment 3 (IA3): □ Investigation	25%
Summative internal assessment 2 (IA2): □ Examination – extended response	25%	Summative external assessment (EA): □ Examination — extended response	25%